

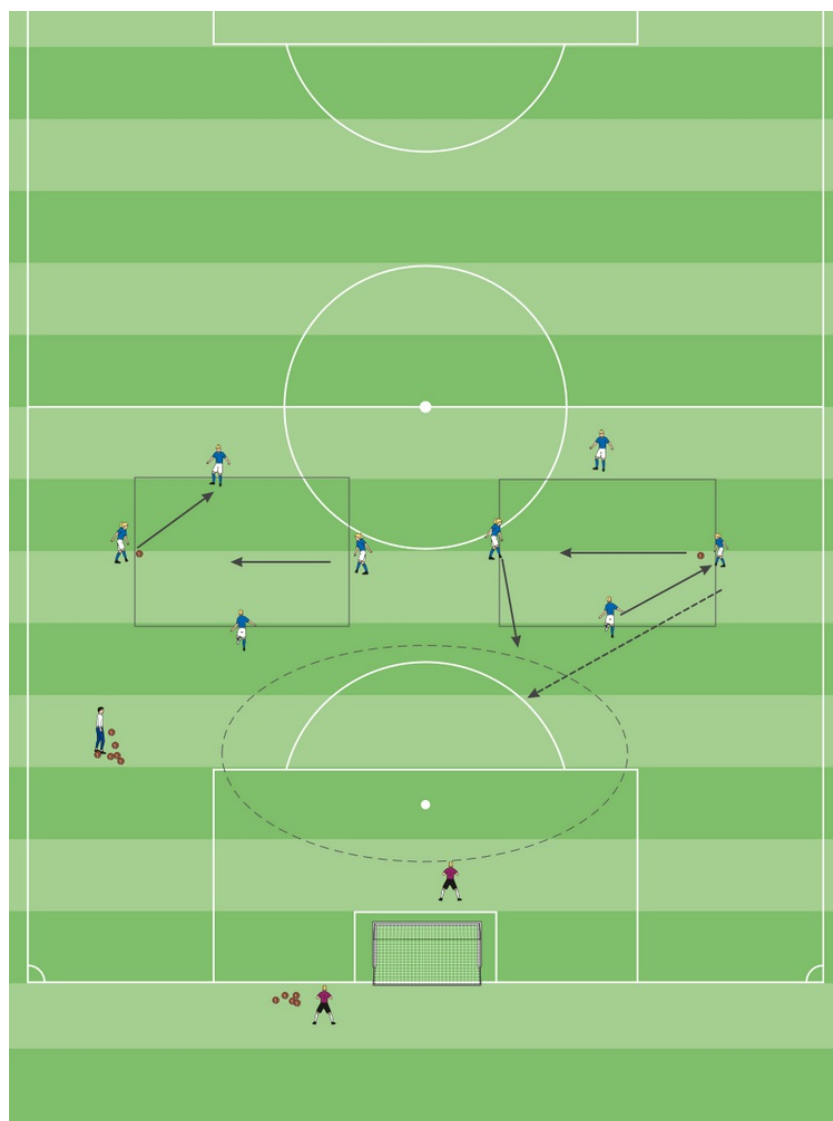
7v7 Activity for U9-U11 Players - 4V0 with Goalkeeper to goal

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OBJECTIVE: Passing, Movements, and Shooting

PLAYER ACTIONS: Pass/dribble, Shoot, Support

KEY QUALITIES: Read game/make decisions, Optimal technical, Optimal physical



ORGANIZATION:

4V0 shadow play With Goalkeeper to Goal 1. Players in groups of four (4) outside the goal area 2. After few passes, players take turns taking shoots on goal with goalkeeper

NOTES:

3. Players rotate positions after each shot. Players keep counts of goals scored. 4. Encourage passes, movements, and shooting/finishing

🕒 **MOMENT:**
Attacking

👤 **AGE:**
U9-U10 / 7v7

👤 **PLAYERS:**
4

🕒 **DURATION:**
15:0 min