

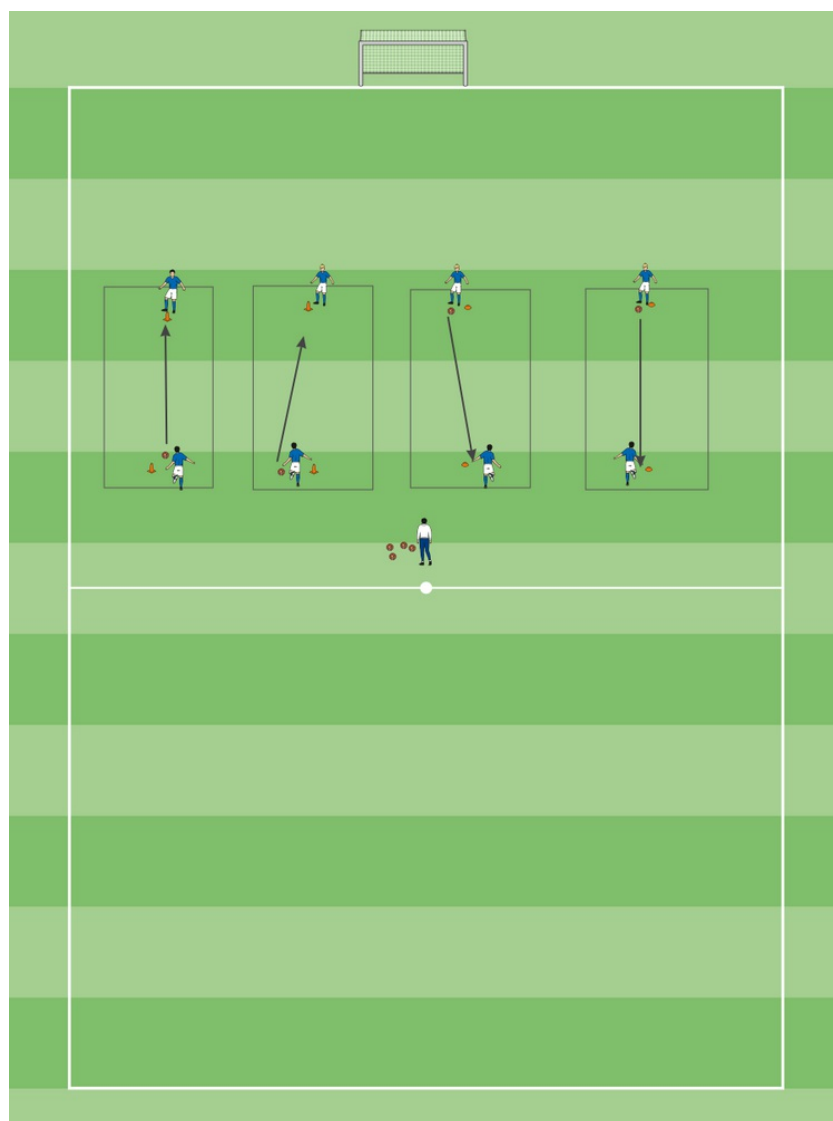
4v4 Activity for players U7 - U8 - Passing and Target

OBJECTIVE: Improve accurate Passing and Passing Technique

PLAYER ACTIONS: Pass/dribble

KEY QUALITIES: Optimal technical, Read game/make decisions, Focus

Terry Babatunde
Eguaeje, Ed.D.



ORGANIZATION:

Players in pairs across from each other separated by two cones that are 10-15 yards apart and 5 yards wide. In one group, players pass to each other, then move the ball around the cone and pass back to their partner and the other group try to hit their partners cones

NOTES:

Count how many times you hit the cone. Players will be moved between groups/grids. 4. Players work on passing and receiving

🕒 **MOMENT:**
Attacking

👤 **AGE:**
U7-U8 / 4v4

👤 **PLAYERS:**
1 vs 1

🕒 **DURATION:**
15:0 min